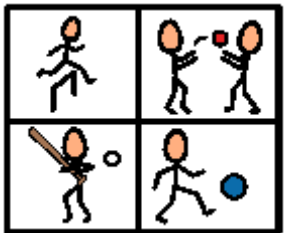
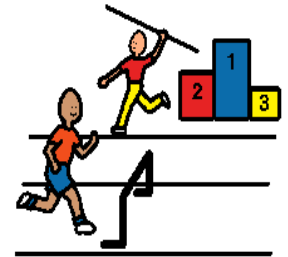


Things to do and places to go

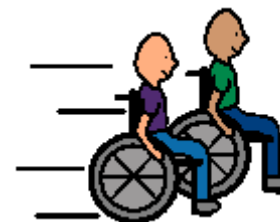


for

Disabled Children and Young People in The Royal Borough of Kingston



Last updated July 2010



About this guide



This guide tells you about the activities that are run especially for disabled children and young people in Kingston.



The guide has been made by members of the 'Active 4 All' group, which is part of CSPAN* (Community Sport and Physical Activity Network) The group makes sure disabled children and young people in Kingston can enjoy sports and leisure activities.



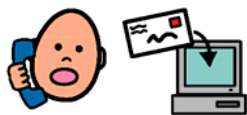
Activities can change - some stop happening and new ones start. We will check all the information in this guide is still right every term.



If you see something in here that you want to do, please ring or email the contact person to check all the details, including whether there is a cost.



This guide is also available online at: www.kingston.gov.uk/sports



If you want to talk to us about this guide or ask for it in a different language or format, please contact **Grace Over** at The Children and Young People's Development Service on 020 8547 6215 or at: grace.over@rbk.kingston.gov.uk

Mondays



What



Where





Who



When



Contact






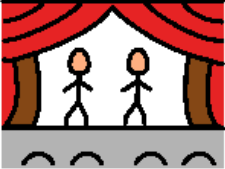
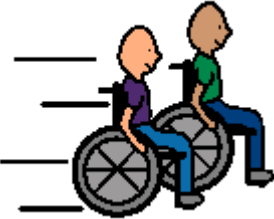
 <p>After School Club</p>	<p>Southwood Scout Hut Elm Close Off Southwood Drive Tolworth KT5 9NA</p>	<p>Dysart pupils</p>	<p>3pm-6pm</p>	<p>Laura Smyth Yorda Adventures 07939 844 978 laura@yordaadventures.org.uk</p>
 <p>Warren Park After School Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people referred by social worker</p>	<p>3pm - 6pm</p>	<p>Duty Social Worker Children and Young People's Development service 020 8547 6527</p>
 <p>Gymnastics</p>	<p>Tolworth Girls School Fullers Rd North Tolworth KT6 7LQ</p>	<p>5-19yrs</p>	<p>After school</p>	<p>Andy Piekarski Tolworth Gym Club 020 8224 2037 andy.piekarski@ntlworld.com</p>

Mondays

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Basketball</p>	<p>Chessington Sports Centre Garrison Lane Chessington KT9 2JS</p>	<p>10-19yrs</p>	<p>5pm - 6pm</p>	<p>Andrew Nippard Fulham FC Foundation 020 8336 7542 anippard@fulhamfc.com</p>
 <p>INSPIRE Multi Sports Club</p>	<p>Chessington Sports Centre Garrison Lane Chessington KT9 2JS</p>	<p>8-80yrs</p>	<p>6pm-8pm Fortnightly</p>	<p>Sue Johnson Active Kingston 020 8547 5207 sue.johnson@rbk.kingston.gov.uk</p>
 <p>Athletics + Boccia</p>	<p>Chessington Sports Centre Garrison Lane Chessington KT9 2JS</p>	<p>8-80yrs + Members</p>	<p>6pm - 8pm Fortnightly</p>	<p>Sue Johnson Active Kingston 020 8547 5207 sue.johnson@rbk.kingston.gov.uk</p>

Mondays

 What	 Where	 Who	 When	 Contact
 Drama group	United Reformed Church Kingston KT1 1HZ	13-19yrs	6.30pm-8pm	Fran O'Brien Yadapa / Shine 020 8949 5183 info@yadapa.com
 Wheelchair Racing	Kingsmeadow 422a Kingston Road Kingston KT1 3PB	9yrs + Wheelchair users	6.30pm-8.30pm	Chris Parsloe Velocity 020 8545 3669

Tuesdays

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Tuesday Special Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>0-5yrs with parent / carer</p>	<p>10am-12pm Term-time</p>	<p>Eleanor Hains Children and Young People's Development Service 020 8547 6567 eleanor.hains@rbk.kingston.gov.uk</p>
 <p>After School Club</p>	<p>Southwood Scout Hut Elm Close Off Southwood Drive Tolworth KT5 9NA</p>	<p>Dysart pupils</p>	<p>3pm-6pm</p>	<p>Laura Smyth Yorda Adventures 07939 844 978 laura@yordaadventures.org.uk</p>
 <p>Warren Park After School Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people referred by social worker</p>	<p>3pm - 6pm</p>	<p>Duty Social Worker Children and Young People's Development Service 020 8547 6527</p>

Tuesdays



What



Where



Who



When



Contact



Swimming Course

Kingfisher Centre
Fairfield Road
Kingston
KT1 2PY

7-10yrs

4pm-
4.30pm
Term-time

Carol Beard
020 8546 1042



Xpressions
Youth Project

Queen Mary Hall
Cambridge Gardens
Kingston KT1

12-18yrs
+
Learning
disability

6.30pm-
8pm

Dave Cafferty
Mencap
07779 275 425

davecafferty@hotmail.co.uk



Ten Pin Bowling

Charrington Bowl
Kingston Road
Tolworth
KT5 9PB

Under 18s
+
Learning
disability

7.30pm-
9.30pm

Sue Frett
Special Olympics Surrey
020 8336 2768
specialolympicssurrey@googlemail.com

Wednesdays



What



Where



Who



When



Contact

 <p>After School Club</p>	<p>Southwood Scout Hut Elm Close Off Southwood Drive Tolworth KT5 9NA</p>	<p>Dysart pupils</p>	<p>3pm-6pm</p>	<p>Laura Smyth Yorda Adventures 07939 844 978 laura@yordaadventures.org.uk</p>
 <p>Warren Park After School Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people referred by social worker</p>	<p>3pm - 6pm</p>	<p>Duty Social Worker Children and Young People's Development Service 020 8547 6527</p>
 <p>Swimming Course</p>	<p>Kingfisher Centre Kingston KT1 2PY</p>	<p>10yrs+</p>	<p>5pm- 5.30pm</p>	<p>Carol Beard 020 8546 1042</p>

Wednesdays



What



Where



Who



When



Contact



Swimming Course

Kingfisher Centre
Kingston
KT1 2PY

5-7yrs

5.30pm-
6pm

Carol Beard
020 8546 1042



Football

Tolworth Recreation
Centre

16+
+
Learning
Disability

6.30pm-
7.30pm

Andrew Nippard
Fulham FC Foundation
020 8336 7542

anippard@fulhamfc.com



Deaf Football

Fulham FC
Training Ground
Motspur Park
KT3 6PT

Deaf young
women 16+

7pm - 9pm

Andrew Nippard
Fulham FC Foundation
020 8336 7542

anippard@fulhamfc.com

Wednesdays



What



Where




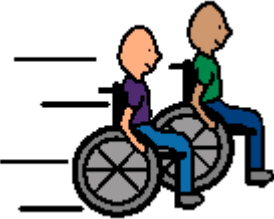

Who



When



Contact









 <p>SOS Football</p>	<p>Chessington Sports Centre Garrison Lane Chessington KT9 2JS</p>	<p>8-80yrs + Members</p>	<p>6.30pm- 7.30pm</p>	<p>Sue Frett Special Olympics Surrey 07786 448922 specialolympicssurrey@googlemail.com</p>
 <p>Wheelchair Racing</p>	<p>Kingsmeadow Club 422a Kingston Road Kingston KT1 3PB</p>	<p>9yrs + Wheelchair users</p>	<p>6.30pm- 8.30pm</p>	<p>Chris Parsloe Velocity 020 8545 3669</p>
 <p>Cricket</p>	<p>Hawker Centre Lower Ham Rd Kingston KT2 5BH</p>	<p>Under 18yrs</p>	<p>4.30pm- 6pm</p>	<p>YMCA Hawker Centre 020 8296 9747 www.kwymca.org.uk</p>

Thursdays









 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Warren Park After School Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people referred by social worker</p>	<p>3pm - 6pm</p>	<p>Duty Social Worker Children and Young People's Development Service 020 8547 6527</p>
 <p>After School Club</p>	<p>Southwood Scout Hut Elm Close Off Southwood Drive Tolworth KT5 9NA</p>	<p>Dysart pupils</p>	<p>3pm-6pm</p>	<p>Laura Smyth Yorda Adventures 07939 844 978 laura@yordaadventures.org.uk</p>
 <p>Swimming Club</p>	<p>Malden Centre Blagdon Road New Malden KT3 4TA</p>	<p>8-80yrs + Physical disability</p>	<p>6.30pm-8pm</p>	<p>Hilary Young Spartans 020 8941 3255</p>









Thursdays

 What	 Where	 Who	 When	 Contact
 Gymnastics	Tolworth Girls School Fullers Way North KT6 7LQ	5-19yrs	6.30pm- 8.30pm	Andy Piekarski Tolworth Gym Club 020 8224 2037
 Deaf Football	Fulham FC Training Ground Motspur Park KT3 6PT	Deaf young men 16+	7pm - 9pm	Andrew Nippard Fulham FC Foundation 020 8336 7542 anippard@fulhamfc.com
 Surbiton Deaf Social Club	Searchlight Centre Kingston Road New Malden KT3 3RX	Young people + deaf	Evenings Fortnightly	Joyce Paul joyce.paul@cabinet-office.x.gsi.gov.uk

Fridays

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
 <p>Basketball & Tennis</p>	<p>YMCA Hawker Centre Lower Ham Road Kingston KT2 5BH</p>	<p>Teenagers and adults</p>	<p>12.40pm - 1.40pm</p>	<p>YMCA Hawker Centre 020 8296 9747 www.kwymca.org.uk</p>
 <p>After School Club</p>	<p>Southwood Scout Hut Elm Close Off Southwood Drive Tolworth KT5 9NA</p>	<p>Dysart pupils</p>	<p>3pm-6pm</p>	<p>Laura Smyth Yorda Adventures 07939 844 978 laura@yordaadventures.org.uk</p>
 <p>Warren Park After School Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people referred by social worker</p>	<p>3pm - 6pm</p>	<p>Duty Social Worker Moor Lane Children and Young People's Development Service 020 8547 6527</p>

Fridays


 What	 Where	 Who	 When	 Contact
 Fulham Badgers Football Club	Raynes Park High School Bushey Road London SW20 0JL	Young people + Downs Syndrome	5pm - 6.30pm	Andrew Nippard Fulham FC Foundation 020 8336 7542 anippard@fulhamfc.com
 Kite Leisure Group	Geneva Road Centre Kingston KT1 2TW	11-18yrs + Asperger's Syndrome	After school Monthly	Natalie Hudson EnhanceAble Children's Services 07984 572480 kite@enhanceable.org
 TAG Youth Club	Community Centre Devon Way Chessington KT9 2RJ	16-25yrs	7.30pm- 9.30pm Term-time	Debbie Mann TAG 07793 316 123

Weekends

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>FAB Club</p>	<p>Community Centre Devon Way Chessington KT9 2RJ</p>	<p>8-19yrs</p>	<p>Term time 10am-3pm</p>	<p>Sally Glossop Fab Club 020 8547 5815 sallyglossop@ntlworld.com</p>
 <p>Active Autism Club</p>	<p>Dysart School 190 Ewell Road Surbiton KT6 6HL</p>	<p>Young people + ASD</p>	<p>9.30am - 12.30pm</p>	<p>Andrew Nippard Fulham FC Foundation 020 8336 7542 anippard@fulhamfc.com</p>
 <p>Gymnastics</p>	<p>Chessington Sports Centre Garrison Lane Chessington KT9 2JS</p>	<p>5-10yrs</p>	<p>Saturday mornings</p>	<p>Genesis Gym Club 020 8224 2037</p>

Weekends






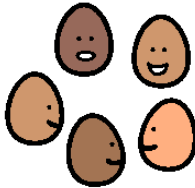


 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Social Skills Group</p>	<p>Surbiton Children's Centre Alpha Road Surbtion KT5 8RS</p>	<p>8-12yrs + ASD</p>	<p>Saturday mornings Term time</p>	<p>EnhanceAble Children's Services 020 8547 6200 www.enhanceable.org</p>
 <p>Trampolining</p>	<p>Tolworth Rec Fullers Way North KT6 7LQ</p>	<p>5yrs+</p>	<p>1st Saturday of the month 4pm-5pm</p>	<p>Tolworth Recreation Centre 020 8391 7910</p>
 <p>Warren Park Saturday Clubs</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>Young people + complex health needs</p>	<p>One Saturday a month</p>	<p>Laura Turner Warren Park 020 8481 0200</p>









Weekends

 What	 Where	 Who	 When	 Contact
 Family Days	Community activities	0-19yrs with family members	Approx. every six weeks	Laura Smyth Yorda Adventures 07939 844978 laura@yordaadventures.org.uk




School holidays




 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
 <p>Moor Lane Activity Groups</p>	<p>Out and about in the community</p>	<p>5-19yrs (Young people referred by social worker)</p>	<p>Main school holidays</p>	<p>Duty Social Worker Moor Lane Children and Young People's Development Service 020 8547 6527</p>
 <p>Warren Park Holiday Club</p>	<p>Warren Park Children's Centre Kingston Hill Kingston KT2 7LX</p>	<p>8-19yrs (Young people referred by social worker)</p>	<p>Main school holidays</p>	<p>Duty Social Worker Moor Lane Children and Young People's Development Service 020 8547 6527</p>
 <p>Kingston Holiday Club</p>	<p>Scout Hall Green Lane New Malden KT3 5BX</p>	<p>6-19yrs + working parents</p>	<p>Main school holidays</p>	<p>Laura Power Early Years and Childcare Service 020 8547 6546</p>

School holidays

 What	 Where	 Who	 When	 Contact
 YADAPA Arts workshops	Local accessible venues	11-19yrs	2 weeks during the summer	Fran O'Brien Yadapa 020 8949 5183 info@yadapa.com
 Yorda Adventures Playschemes	Local venues	Varies	Summer and half-terms	Laura Smyth Yorda Adventures 07939 844978 laura@yordaadventures.org.uk
 Holiday Schemes	Fulham FC Training Ground Motspur Park KT3 6PT (& other locations)	Varies	School holidays	Andrew Nippard Fulham FC Foundation 020 8336 7542 anippard@fulhamfc.com

Other

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Home + community support</p>	<p>1:1 support at home or out in the community</p>	<p>0-19yrs (children referred by social worker)</p>	<p>Varies</p>	<p>Duty Social Worker Children and Young People's Development Service 020 8547 6527</p>
 <p>Baby Signing</p>	<p>Moor Lane Centre Moor Lane Chessington KT9 2AA</p>	<p>0-5yrs</p>	<p>6-week course, 3 times a year</p>	<p>Eleanor Hains Children and Young People's Development Service 020 8547 6567 eleanor.hains@rbk.kingston.gov.uk</p>
 <p>Leisure Groups</p>	<p>Varies</p>	<p>Children and young people referred by social worker</p>	<p>Varies</p>	<p>Duty Social Worker Children and Young People's Development Service 020 8547 6527</p>

Other



What



Where



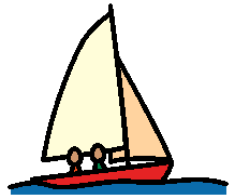
Who



When



Contact



**Adapted sailing
boats**

Albany Park Canoe
and Sailing Centre
Albany Park Road
Kingston
KT2 5SL

Albany Park Centre
020 8549 3066



Horse-riding

Barnfield Riding
School
Parkfields Road
Kingston
KT2 5LL

Barnfield Riding School
020 8546 3616





Tandem cycling

Kingston Association
for the blind
Dickerage Lane
New Malden
KT3 3SF

Visually
impaired
young people

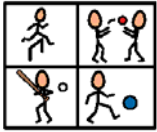
**Kingston Association for the
Blind**
020 8605 0060

Other

 <p>What</p>	 <p>Where</p>	 <p>Who</p>	 <p>When</p>	 <p>Contact</p>
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 <p>Accessible gym</p>	<p>YMCA Hawker Centre Lower Ham Road Kingston KT2 5BH</p>			<p>YMCA Hawker Centre 020 8296 9747 www.kwymca.org.uk</p>
 <p>Competition</p>	<p>Charrington Bowl Kingston Road Tolworth KT5 9PB</p>	<p>16+</p>	<p>Annually May</p>	<p>Sue Johnson Active Kingston 020 8547 5207 sue.johnson@rbk.kingston.gov.uk</p>

Other useful contacts



There are lots more leisure activities in Kingston for all children and young people. Here are some people and organisations that you can contact to find out more about what is going on:

The Families Information Service



020 8547 6582



fis@rbk.kingston.gov.uk

Disabled Children's Information + Advice Service



020 8547 6200



children@enhanceable.org

The Active Kingston Team



020 8547 5207



sports@rbk.kingston.gov.uk

Kingston Youth Service



020 8547 5815



youthservice@rbk.kingston.gov.uk

